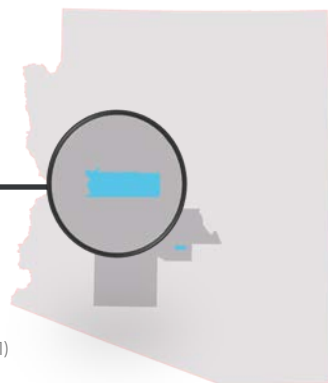


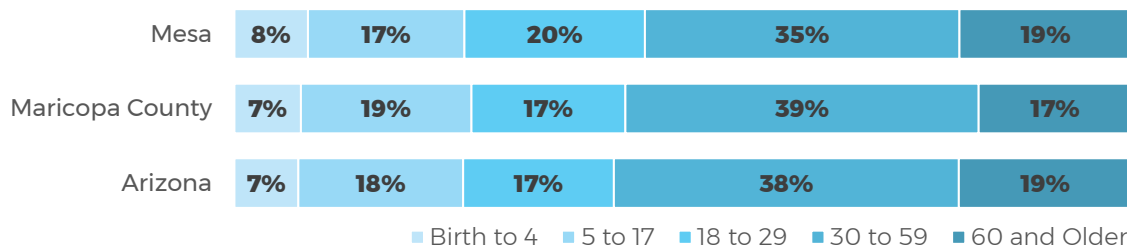
MESA

healthy starts here

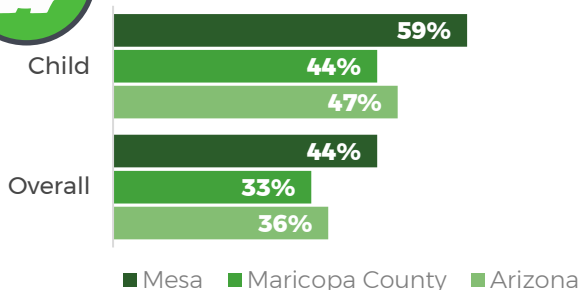


OUR COMMUNITY

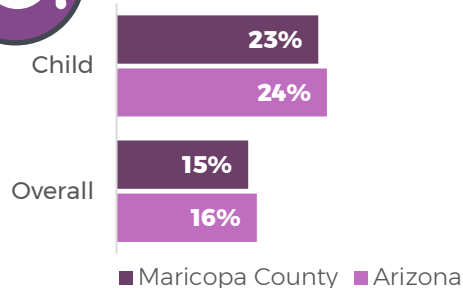
Total Population **242,463** ⁽¹⁾



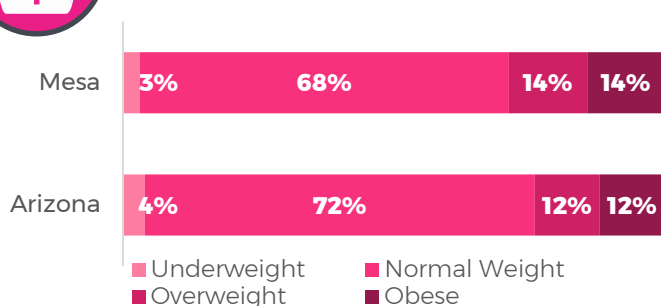
Low-income Population ⁽²⁾



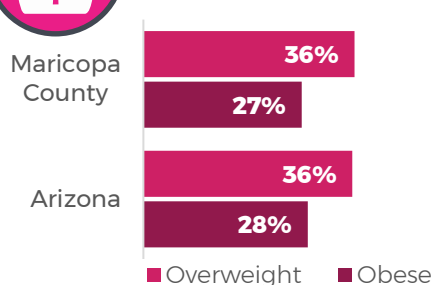
Hunger & Food Insecurity ⁽³⁾



Early Childhood Weight ⁽⁴⁾



Adult Weight ⁽⁵⁾



Ate vegetables at least 3 times and fruits 2 times daily ⁽⁶⁾

5.3% 5.1%

Maricopa County Arizona



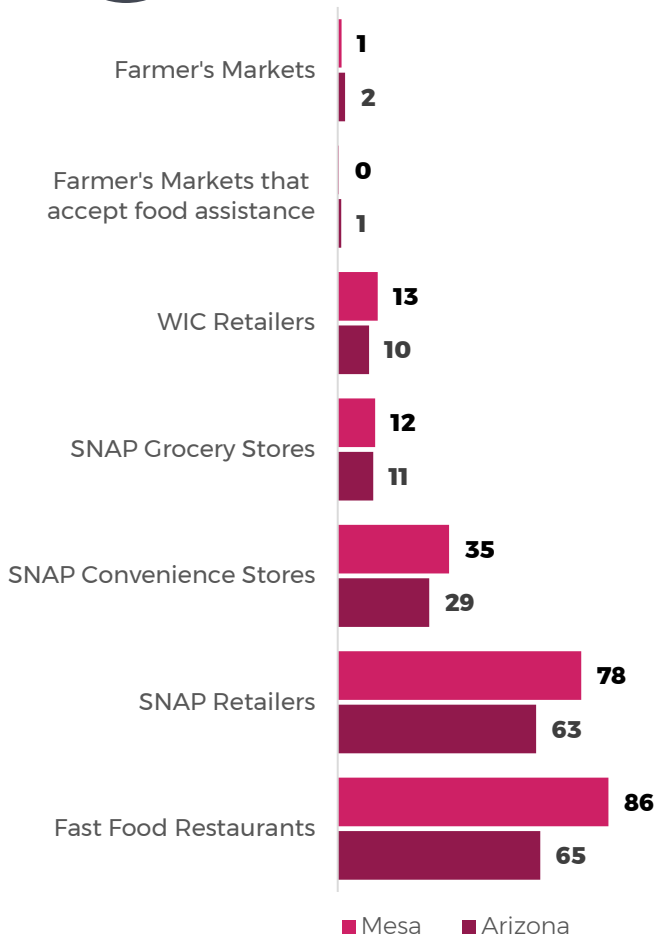
Met aerobic and strength physical activity guidelines ⁽⁷⁾

22.1% 21.9%

Maricopa County Arizona



Stores per 100,000 people ⁽⁸⁾



% of population living within walking (half-mile) vs driving (ten-miles) distance of ⁽⁹⁾



1%	A Farmers Market	100%
0%	A Farmers Market that accepts food assistance benefits	100%
20%	A WIC Retailer	100%
17%	A SNAP Grocery Store	100%
49%	A SNAP Convenience Store	100%
66%	Any SNAP Retailer	100%
44%	A Fast Food Restaurant	100%



32%	A Public Park	100%
45%	A Walking or Biking Trail	100%
0%	A Recreational Area	68%



Free or reduced priced lunches served per day ⁽¹⁰⁾

21,540 **4,912**

School Year Summer



Households with no available vehicle ⁽¹¹⁾

10% **7%** **7%**

Mesa Maricopa County Arizona

(1) U.S. Census Bureau (2010). 2010 Decennial Census

(2) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates

(3) Feeding America (2016). Food Insecurity in the United States. map.feedingamerica.org

(4) (5) Arizona Department of Health Services (2017).

(6) (7) Arizona Department of Health Services (2017).

(8) (9) See Methodology.

(10) Arizona Department of Education (2017).

(11) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates

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This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP through the AZ Health Zone. This institution is an equal opportunity provider.



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azhealthzone.org