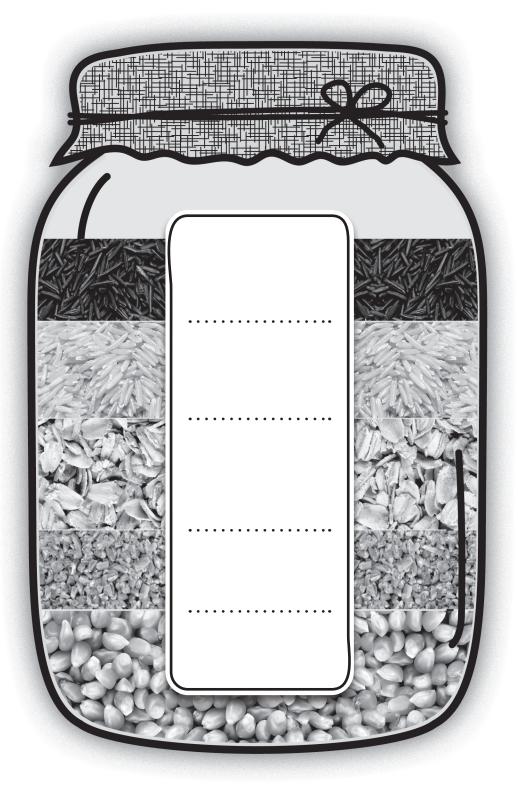
## NAME the LAYER

Name each layer of whole grains in the jar below. Can you guess all of them?



ANSWERS BROWN RICE BROWN RICE BARLEY BARLEY CORN



## For more fun games, visit EatWellBeWell.org.



This material was federally funded by USDA's Supplemental Nutrition Assistance Program through the Arizona Nutrition Network. The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-800-352-8401. This institution is an equal opportunity provider and employer. AzNN 5/13