

a. Related State Goals

Primary Goals

- Goal 1 - By September 30, 2010, increase the number of learning opportunities for SNAP recipients and eligibles that would promote a healthy lifestyle resulting in a healthy weight.
- Goal 2 - By September 30, 2010, increase the proportion of SNAP recipients and eligibles aged two years and older who meet dietary recommendations for fruit and vegetable consumption.
- Goal 3 - By September 30, 2010, increase the proportion of SNAP recipients and eligibles aged two years and older who meet the dietary recommendations for calcium by consuming low fat and fat free dairy products.
- Goal 4 - By September 30, 2010, increase the number of learning opportunities for SNAP recipients and eligibles that would promote cost-saving strategies while encouraging healthy food choices.
- Goal 5 - By September 30, 2010, increase the proportion of SNAP recipients and eligibles aged two years and older who consume half of their grains as whole grains.

Additional Goals

- Goal 6 - By September 30, 2010, increase the proportion of SNAP recipient and eligibles children who participate in cumulative intermittent physical activity for 60 minutes a day.
- Goal 7 - By September 30, 2010, increase the proportion of SNAP recipient and eligible adults who engage regularly, preferably daily, in moderate or vigorous physical activity.
- Goal 8 - By September 30, 2010, reduce the prevalence of food borne illness in SNAP recipients and eligibles in Arizona.
- Goal 9 - By September 30, 2010, increase the proportion of SNAP recipient and eligible mothers who breastfeed their babies.
- Goal 10 - By September 30, 2010, increase the proportion of pregnancies of SNAP recipients and eligibles begun with an optimum folic acid level (consumption of at least 400 micrograms of folic acid each day from fortified food or dietary supplements by non-pregnant women aged 15-44 years).
- Goal 11 - Please specify