

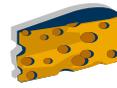
1. How **old** are you?

- 6 7 8 9 10

2. Are you a **boy** or a **girl**?

- Boy Girl

3. Pick **one** food that is a fruit:



- Chocolate Milk Hamburger Strawberry Cheese

4. Pick **one** food that is a vegetable:



- Rice Apple Grilled Cheese Carrots

5. Which food has **fiber**?



- Soda Broccoli Milk Chicken

6. Which food has a lot of **vitamin A**?



- Eggs Oranges Carrots Cheese

7. Which food has a lot of **vitamin C**?



- Grilled Cheese Hamburger Soda Oranges

8. The words “More Matters” help me remember to eat more of what?

- Fruits and Vegetables Pizza Chicken Nuggets Don't Know

9. Do you eat fruits and vegetables as snacks?

- Yes No

10. How many grams of fiber do you need every day to stay healthy?

- 5 10 25 Don't Know

11. After the Fruits & Veggies–More Matters® Class I now eat:

- More fruits The same amounts of fruits

12. After the Fruits & Veggies–More Matters® Class I now eat:

- More vegetables The same amounts of vegetables