

Adult Nutrition and Physical Activity Surveys

Why Ask These Questions?

The AZ Health Zone wants to learn about what adults in Arizona eat, and how they exercise. Your answers will help make our program the best it can be.

Important to know:

- No one at this nutrition class will see your answers.
- Your name will not be shared with anyone.
- You can skip a question if you do not want to answer it.
- You can stop taking the survey at any time.
- If you do not want to take the survey, you can still be part of the nutrition class.
- If you are under the age of 18, you cannot take the survey, but you can still be part of the nutrition class.

If you have any questions about this survey, you may contact the University of Arizona (Laurel Jacobs) at 520-626-2216.

About Me:

- | | |
|---------------------------------|--|
| <input type="checkbox"/> Female | <input type="checkbox"/> American Indian/Alaska Native |
| <input type="checkbox"/> Male | <input type="checkbox"/> Asian |
| <input type="checkbox"/> Other | <input type="checkbox"/> Black or African American |
| | <input type="checkbox"/> Native Hawaiian or Pacific Islander |
| | <input type="checkbox"/> White |

Age: _____

Hispanic? Y N

Do children age 2 – 18 live with you? Y N

Do you receive SNAP/Food Stamps? Y N

First and Last Name _____