



Child and Adult Care Food Program

The Program & Eligibility

What is CACFP?

A nutrition program that provides meal reimbursement to facilities for the provision of healthy and nutritious meals and snacks for children and adults. Through CACFP, more than 3.3 million children and 120,000 adults receive nutritious meals and snacks each day as part of the day care they receive

In Fiscal Year 2015, Arizona had 719 participating centers

Who is Served?

Participants:

- Children age 12 and under
- Children of migrant workers 15 years of age and under
- Children who attend school, up to 18 years old (At-Risk Afterschool Meals only)
- Non-residential adults who attend a licensed day care center and are Title XIX or XX Eligible or 60 years or older

Who is Eligible?

Public or Private Non-Profit Child Care Centers and Preschools:

- Be licensed by DHS, DOD or Tribal Health Services
- Non-residential
- 25% of total enrollment must qualify for Title XX (DES) benefits
- 25% of total enrollment must qualify for Free and Reduced meals
- Area Eligible: located near a school where at least 25% of the total enrolled students are eligible for free or reduced priced meals. If the center is not in an area eligible location there must be an outreach policy indicating that Program information will be made available to local minority and grass roots organizations.

Who is Eligible?

Proprietary or For-Profit Child Care Centers and Preschools:

- Be licensed by DHS, DOD or Tribal Health Services
- Non-residential
- 25% of total enrollment must qualify for Title XX (DES) benefits
- 25% of total enrollment must qualify for Free and Reduced meals

Public or Private Head Start Programs:

- Be licensed by DHS or Tribal Health Services
- Non-residential

Meal Pattern



Menu Planning

High Fats

Greater than 35% of total calories from fat.

Can only be served no more than twice per week

- Sausage/bacon
- Corn Dogs
- Salami/Pepperoni
- Bologna
- Hot Dogs
- Ramen Noodles/Top Ramen
- French Fries/Tater Tots
- Hot Pockets
- Tortilla Chips/Potato Chips
- Fish Sticks/Nuggets/Shapes
- Croissants
- Chicken Nuggets/Patties
- All fried food, including but not limited too: fried chicken, chimichangas, taquitos, hard shell/crunchy tacos and fry bread
- Some condiments and dipping sauces

High Sugars

Greater than 35% of total sugar by weight.

*changing based on new meal pattern

Can only be served no more than twice per week and only at breakfast and snack

- *Cookies, Brownies, Cinnamon Rolls and Donuts**
- *Pop Tarts and Toaster Pastries**
- *Cakes/Cupcakes**
- *Granola/Cereal Bars*
- Gelatin/Jell-O
- *Danish*
- Rice Krispie Treats
- High Sugar Breakfast Cereals
- Muffins
- Quick Breads
- *Vanilla Wafers**
- Custard/Pudding*
- *Chocolate/Flavored Milk**
- Some condiments and dipping sauces



Homemade

Homemade items are those that are physically made from a recipe. They are not convenience foods that require additional steps such as heating or cooking.

- A recipe must be on file for ADE review
- Homemade items must be identified on the menu (HM or Homemade)

Child Nutrition (CN) Labels

Voluntary label administered by the USDA's Food and Nutrition Services. Usually not found in grocery stores, but where foods are purchased in bulk

CN Labels will always contain:

- CN Logo (distinct border)
- Meal contribution statement
- 6 digit identification number
- USDA/FNS statement
- Month and year of approval (expires in 5 years)



A product analysis or product formulation statement provided by the manufacture and signed by and official of the corporation is an acceptable substitution for a CN label

Child Nutrition (CN) Labels

Required for all processed or convenience foods and must be kept on file for the ADE's review. CN labels are found on meat, poultry, seafood, meat alternate, and juice products (not all inclusive):

- Chicken Patties/Nuggets
- Cheese/Meat Pizzas
- Beef/Cheese/Bean Burritos
- Egg Rolls
- Fish Sticks
- Corn Dogs/Nuggets
- Meatballs
- Raviolis
- Macaroni & Cheese or Lasagna that is not homemade

Child Nutrition (CN) Labels



WHOLE GRAIN MINI TURKEY CORN DOGS

WHOLE GRAIN BATTER WRAPPED BITE SIZE LOW FAT TURKEY FRANKS

INGREDIENTS: LOW FAT TURKEY FRANKS: TURKEY WHITE MEAT, WATER, MECHANICALLY SEPARATED TURKEY, "VEGETABLE PROTEIN PRODUCT (SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12)), CORN SYRUP, SALT, CONTAINS 2% OR LESS OF: DEXTROSE, POTASSIUM LACTATE, FLAVORINGS, SODIUM PHOSPHATE, SODIUM DIACETATE, PAPRIKA, SODIUM ERYTHROBATE, OLEORESIN OF PAPRIKA, SODIUM NITRITE. *EXCEEDS AMOUNT IN REGULAR FRANKS. BATTER/BREADING: WHOLE GRAIN WHEAT FLOUR, WATER, SUGAR, WHOLE GRAIN CORN MEAL, MODIFIED WHEAT STARCH, CONTAINS 2% OR LESS OF: SOY FLOUR, BROWN SUGAR, SOYBEAN OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE), NONFAT DRY MILK, DRIED EGG YOLKS, SALT, DRIED EGG WHITES, HONEY SOLIDS (WITH WHEAT STARCH, CALCIUM STEARATE, SOY LECITHIN), SODIUM CASEINATE, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN. COOKED IN VEGETABLE OIL. CONTAINS EGG, MILK, SOY AND WHEAT

HEATING INSTRUCTIONS
All instructions are for FROZEN PRODUCT to yield best results.

OVEN TYPE	SETTINGS	HEATING TIMES
CONVENTIONAL	350°	16-18 minutes
CONVECTION	350°	9-11 minutes
DEEP FRYER	375°	3-4 minutes
MICROWAVE	HIGH	45-60 seconds

HEAT IN A SINGLE LAYER.
HEAT TO AN INTERNAL TEMPERATURE OF 160°F. HOLD AT 140°F OR ABOVE.
HEATING TIMES MAY VARY WITH EACH OVEN.
CALL US: 1-800-251-4754
Web: www.saraleefoodservice.com

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Fun Foods in the Hands of Everyone!®
Sara Lee, Downers Grove, IL 60515 USA
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**FULLY COOKED
KEEP FROZEN**

**PACKED 2-5.37 LB (2.43 kg)
NET WT 10.75 LB (4.87 kg)**

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Nutrition Facts

Serving Size 4 Mini Corn Dogs (76g)
Servings Per Container About 64

Amount Per Serving	
Calories 170	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 540mg	23%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	8%
Sugars 6g	
Protein 8g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet.

Menu Disclaimers

Non-discrimination statement

- This institution is an equal opportunity provider

Juice

- All juices served are 100% juice

Milk

- Whole milk is served to children 12-23 months. Children 24 months and older will be served 1% or fat-free milk

Water

- Water is made available throughout the day

Anytime of fruit cocktail, mixed veggies, fruit salad, etc. is listed, you must identify the ingredients in that item

- Fruit Cocktail = pears, peaches, cherries, pineapple

Simplified Buying Guide



Arizona Department of Education
Diane Douglas, Superintendent of Public Instruction

Simplified Buying Guide



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Health and Nutrition Services
Revised April 2015

Creditable Food Guide



Arizona Department of Education

Creditable Food Guide



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Activities

Questions

ADE – CACFP Program

(602) 542-8700

