



Working with Schools

What brings you
to this work?

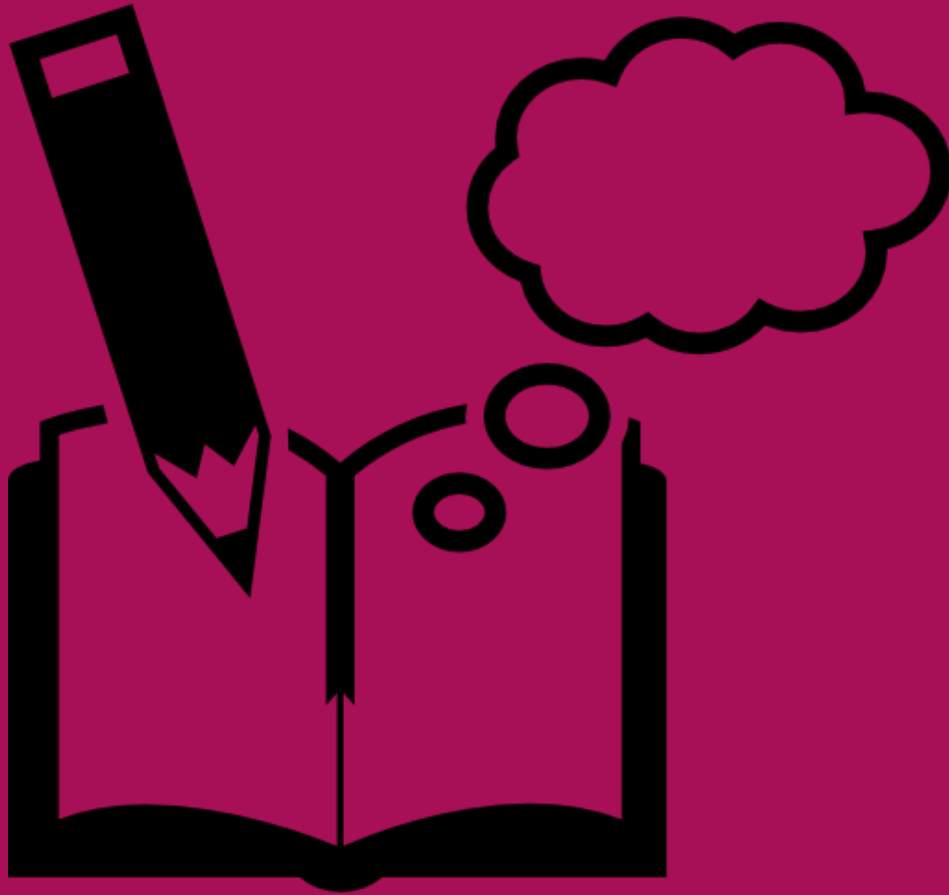


I have a personal
connection
to the issue.

I want to give all
children a chance to be
healthy.

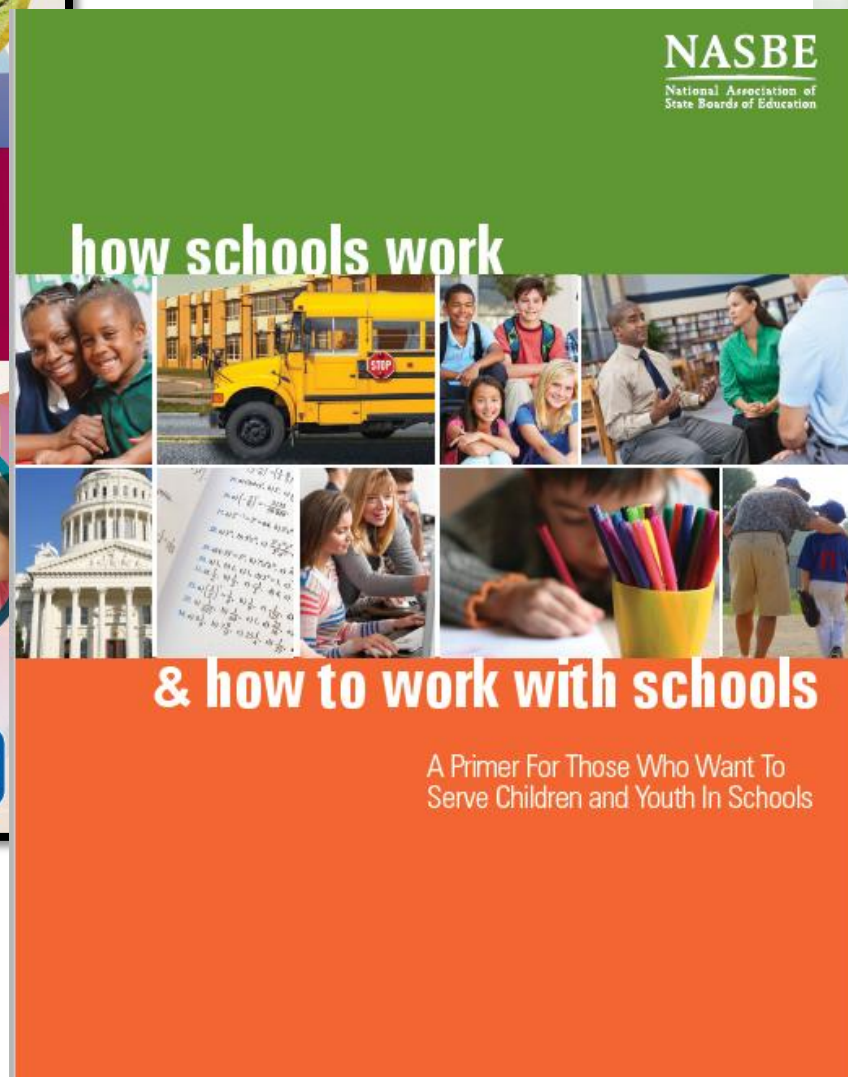
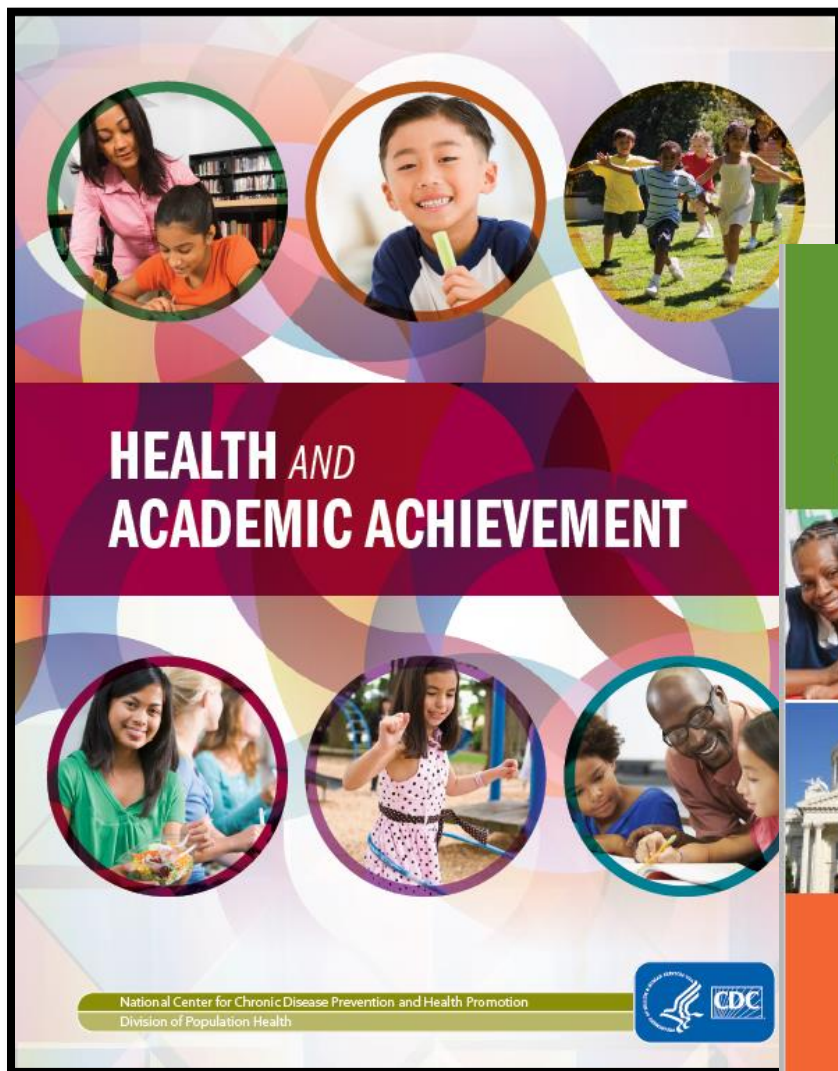
I believe healthy eating and
physical activity should be
more the norm in our
schools.

I strive to be a good role
model.



An Ideal School Setting

- Welcoming
- Safe
- Active
- Involved administration
- Vision including health and wellness



Do your Homework

- **Study up on state, district and local level education updates**
- **Seek out other partners in the community with similar goals.**
- **Make friends with educators!**



Readiness Checklist

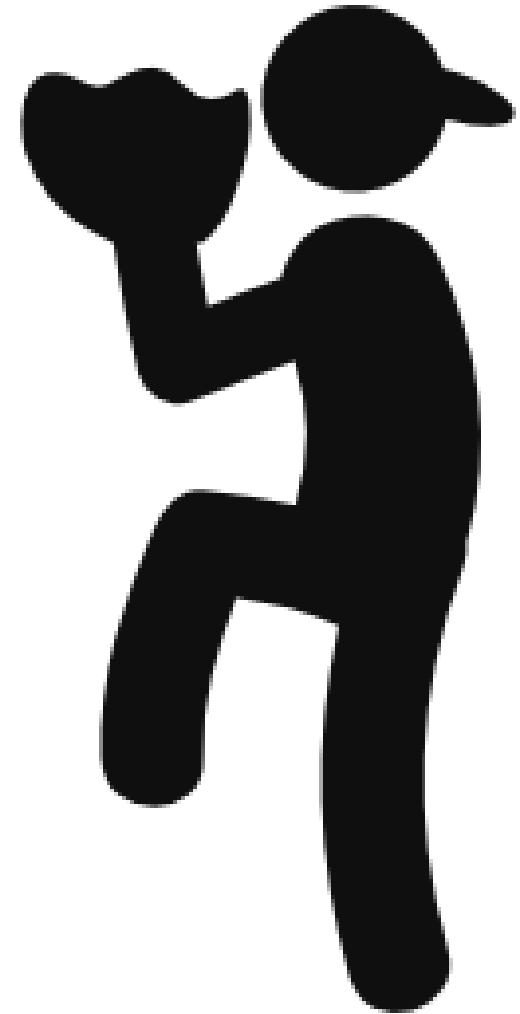
- ☐ Where do champions already exist?
- ☐ What schools have a School Wellness Council?
- ☐ What programs already exist in schools?
- ☐ What is the district/school priorities?
- ☐ Review wellness policy and align it with the support you can provide

Local Wellness Policy	Healthy Schools Program Support
<p>Setting Nutrition Education Goals</p> <p>Setting Physical Education and Physical Activity Goals</p> <p>Setting Goals for Other School-Based Activities Designed to Promote Student Wellness</p>	<p>Framework of policies and best practices that allows schools to set goals, identify action steps and resources to fit their unique needs all in one dynamic online planning tool.</p> <ol style="list-style-type: none"> 1. Assess physical activity, nutrition and staff wellness programs, policies and practices at all schools in district by completing the Healthy Schools Program School Health Index. 2. Determine weakness and strengths and develop Action Plans for each individual school. 3. Support schools’ action steps by providing resources and/or trainings to be successful. <p>Alliance’s Model Wellness Policy</p>
<p>Establishing Healthy School Teams</p>	<p>Step 1 in our Six Step Process is to Build Support through an active and engaged School Wellness Council/Healthy School Team that will convene, plan and implement a school’s action plan.</p> <p>The Healthy Schools Program offers professional development, technical assistance, a toolkit, success stories, interactive tools, and resources to help schools develop effective Healthy School Teams.</p>






What's Your Pitch?

Consider Your Audience's...

- ✓ Goals
- ✓ Desires
- ✓ Interests
- ✓ Motivation



Connecting the Dots to The Healthy Schools Program

- Healthy Schools Program
-  Dashboard
-  Assessment
-  Celebration
-  Tools & Resources
-  Training Opportunities

Welcome

Create a Healthier School

It's great to have you on the team!

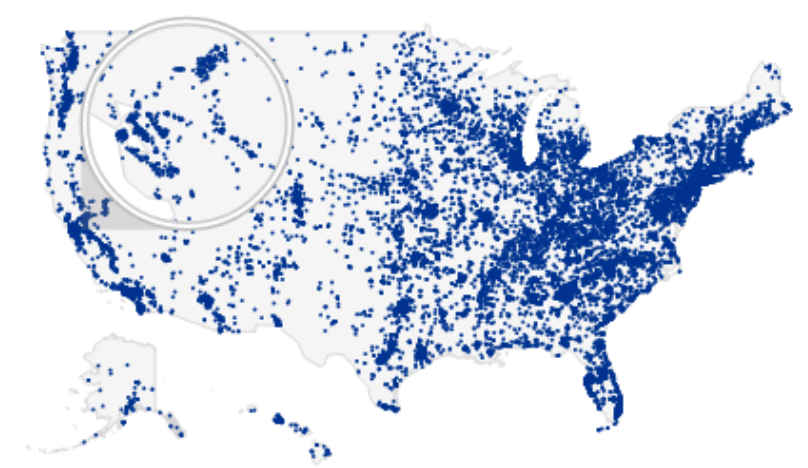
Now find your school to join us and more than 31,000 schools around the country working to create healthier environments for our nation's students.

Enter your school's ZIP code:

Example: 90210

 Search Schools

Already found your school? [Go to your Dashboard](#)





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