



ALLIANCE FOR A
HEALTHIER
GENERATION



Working with Schools

What brings you
to this work?



I have a personal
connection
to the issue.

I want to give all
children a chance to be
healthy.

I believe healthy eating and
physical activity should be
more the norm in our
schools.

I strive to be a good role
model.



An Ideal School Setting

- Welcoming
- Safe
- Active
- Involved administration
- Vision including health and wellness

HEALTH AND ACADEMIC ACHIEVEMENT

National Center for Chronic Disease Prevention and Health Promotion
Division of Population Health

NASBE
National Association of State Boards of Education

how schools work

& how to work with schools

A Primer For Those Who Want To Serve Children and Youth In Schools

SPEAKING EDUCATION'S LANGUAGE: A Guide For Public Health Professionals Working in the Education Sector

NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS
Promoting Health. Preventing Disease.

Do your Homework

- **Study up on state, district and local level education updates**
- **Seek out other partners in the community with similar goals.**
- **Make friends with educators!**



Readiness Checklist

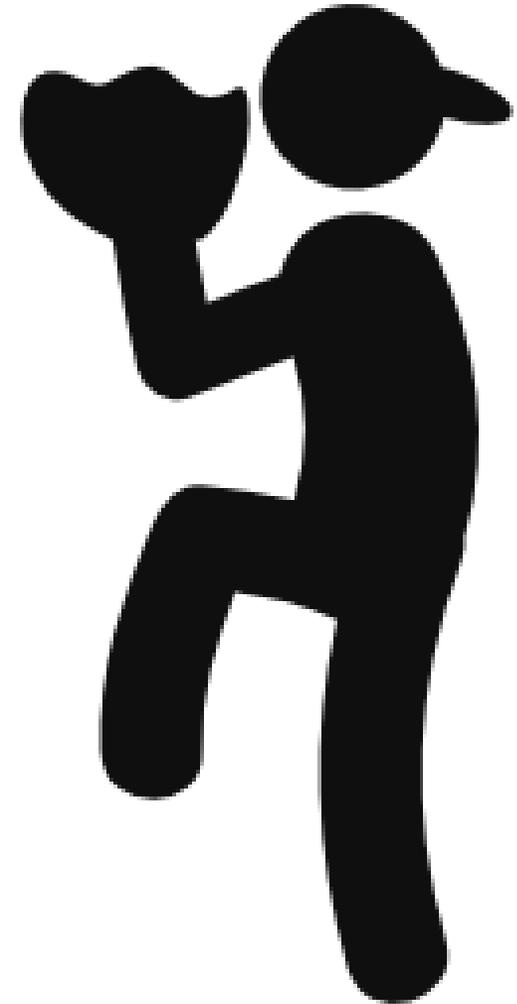
- Where do champions already exist?
- What schools have a School Wellness Council?
- What programs already exist in schools?
- What is the district/school priorities?
- Review wellness policy and align it with the support you can provide

Local Wellness Policy	Healthy Schools Program Support
<p data-bbox="25 182 624 221">Setting Nutrition Education Goals</p> <p data-bbox="25 335 738 421">Setting Physical Education and Physical Activity Goals</p> <p data-bbox="25 535 866 621">Setting Goals for Other School-Based Activities Designed to Promote Student Wellness</p>	<p data-bbox="930 182 2458 264">Framework of policies and best practices that allows schools to set goals, identify action steps and resources to fit their unique needs all in one dynamic online planning tool.</p> <ol data-bbox="930 307 2471 535" style="list-style-type: none"> <li data-bbox="930 307 2471 385">1. Assess physical activity, nutrition and staff wellness programs, policies and practices at all schools in district by completing the Healthy Schools Program School Health Index. <li data-bbox="930 421 2446 464">2. Determine weakness and strengths and develop Action Plans for each individual school. <li data-bbox="930 499 2420 535">3. Support schools' action steps by providing resources and/or trainings to be successful. <p data-bbox="930 578 1465 614">Alliance's Model Wellness Policy</p>
<p data-bbox="25 949 649 985">Establishing Healthy School Teams</p>	<p data-bbox="930 949 2484 1071">Step 1 in our Six Step Process is to Build Support through an active and engaged School Wellness Council/Healthy School Team that will convene, plan and implement a school's action plan.</p> <p data-bbox="930 1113 2471 1235">The Healthy Schools Program offers professional development, technical assistance, a toolkit, success stories, interactive tools, and resources to help schools develop effective Healthy School Teams.</p>

What's Your Pitch?

Consider Your Audience's...

- ✓ Goals
- ✓ Desires
- ✓ Interests
- ✓ Motivation



Connecting the Dots to
The Healthy Schools Program

Healthy Schools Program

Welcome

 Dashboard

 Assessment

 Celebration

 Tools & Resources

 Training Opportunities

Create a Healthier School

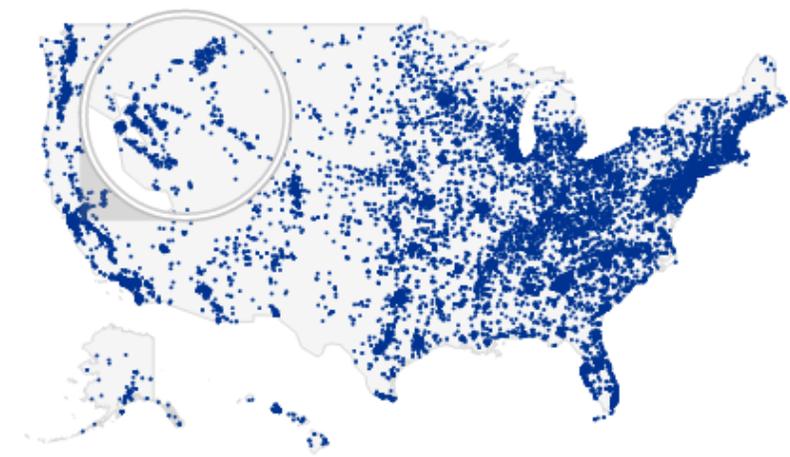
It's great to have you on the team!

Now find your school to join us and more than 31,000 schools around the country working to create healthier environments for our nation's students.

Enter your school's ZIP code:

 [Search Schools](#)

Already found your school? [Go to your Dashboard](#)





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